LUNCH MENU



WEEK 1

Weeks commencing: 29th Aug • 19th Sept • 10th Oct • 7th Nov • 28th Nov • 19th Dec • 16th Jan • 6th Feb • 6th Mar • 27th Mar

50%	
Contain	

50% fruit

-	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Award winning pork sausages with gravy and mashed potatoes	Organic beef chilli with mixed rice	Chicken pasta bake with garlic and herb focaccia	Roast pork, stuffing, apple sauce and gravy with roast potatoes	Battered cod fillet with tomato sauce and chips
DESSERTS	Chocolate surprise cake and organic milk	Apple and banana crisp with custard	Wicked fruity Wednesday	Peach pudding with vanilla sauce	Mini chocolate oat biscuit and fruit
	Organic yogurt	Fruit and yogurt granola pot	Organic yogurt	Frozen yogurt	Organic yogurt

WEEK2

Weeks commencing: 5th Sept • 26th Sept • 17th Oct • 14th Nov • 5th Dec • 2nd Jan • 20th Feb • 13th Mar



_	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Local pork and apple grill in a bun	Leek and ham pasta bake with French bread	Organic minced beef pie with gravy and mashed potatoes	Roast chicken, stuffing and gravy with roast potatoes	Salmon bites or cod goujons with chips
DESSERTS	Fudge tart with chocolate sauce	Sticky toffee apple sponge with custard	Wicked fruity Wednesday	Strawberry whip and a mini shortbread biscuit	Mini gingerbread and fruit
	Fruit and yogurt granola pot	Organic yogurt	Frozen yogurt	Organic yogurt	Organic yogurt



WEEK3

Weeks commencing: 12th Sept • 3rd Oct • 31st Oct • 21st Nov • 12th Dec • 9th Jan • 30th Jan • 27th Feb • 20th Mar

_	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Organic beef lasagne with garlic bread	Chicken and sweetcorn pie with gravy and mashed potatoes	Mega ham and tomato pizza	Roast turkey, stuffing and gravy with roast potatoes	Fish fingers and chips
DESSERTS	Rice pudding with mandarin oranges	Cappuccino cake with organic milk	Wicked fruity Wednesday	Apple pie with custard	Mini flapjack and fruit
	Frozen yogurt	Organic yogurt	Organic yogurt	Organic yogurt	Fruit and yogurt granola pot







Seasonal vegetables

Freshly baked bread



Salad bar

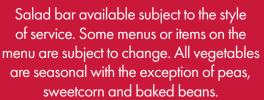


Fresh water



ALTERNATIVE







A vegetarian option is available each day if required.

